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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
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Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM FY 2024 RETREAT WORKGROUP MEETING MINUTES SEPTEMBER 28, 2023

DRAFT

All members participated via Microsoft Teams technology (video or audio)

VOTING MEMBERS PRESENT:

Charlene Frost
Cherylyn Rahr-Wood
Jaymee Oxborrow
Mala Wheatley
Marcel Brown
Sarah Hannonen

STAFF AND GUESTS:

Kimberly Weingartner
Kristen Rivas
Mignon Hoover
Natalie Filipic

1. Call to Order, Roll Call, Introductions. – Sarah Hannonen, Chair

Sarah Hannonen called the meeting to order at 1:02 pm. Mignon Hoover, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None

3. For Possible Action. Approval of meeting minutes – Sarah Hannonen, Chair

a. April 24, 2023

MOTION: Jaymee Oxborrow made a motion to approve the April 24, 2023 meeting minutes.

SECOND: Sarah Hannonen

VOTE: Unanimous, Cherylyn Rahr-Wood and Marcel abstained.

4. For Possible Action. Discussion, development and possible vote on plans for RCMHC FY 2024 Retreat. – Workgroup members

- a. Set Retreat Date – March 14th and March 15th, 2024

MOTION: Jaymee Oxborrow made a motion to schedule the retreat for Thursday, March 14, 2024 and Friday, March 15, 2024.

SECOND: Cherylyn Rahr-Wood

VOTE: Unanimous, with no opposition or abstention.

- b. Budget – \$4,000.00

- c. Venue/Location – The retreat will be held in Fallon at the Community Center. Lana Robards is working on costs and arrangements. Sarah Hannonen will reach out to Lana for an update.

- d. Agenda and Goals –The purpose of the retreat is:

- i. Provide opportunity for Consortium members to get to know each other
- ii. Provide youth mental health outreach and education for professionals, families and children.
- iii. The plan is to have Consortium members come together the night before the event for dinner and event preparations
- iv. The Community event will be held on Friday

- e. Activities – Ideas discussed included:

- i. Keynote Speaker
- ii. Break-out sessions
- iii. Panel (buddy partners)
- iv. Sponsorships/gift cards for families to pay for travel/childcare
- v. Food will need to be donated (RCMHC cannot pay for food)
- vi. Possible Donors: New Health Center, Pennington Life Center

- f. Speakers – Identifying a speaker willing to make a donation is preferable and there are funds available if needed. Potential speakers will be contacted to check scheduling and obtain costs.

- i. Topic – Department of Justice Settlement; if allowed/appropriate after resolution reached (Char Frost will contact)
- ii. Youth Suicide/safe spaces – Dennis Gilman, Kevin Berthia, Kevin Briggs (Cherylyn Rahr-Wood will contact)
- iii. Speakers from the school district
- iv. Local counselors
- v. How schools handle youth in crisis
- vi. Domestic violence – impacts on children and youth in the home
- vii. ACES Presentation
- viii. Forever 14 – (Sarah Hannonen will contact)
- ix. 988 Presentation
- x. Safe Talk Training for families (Cherylyn Rahr-Wood will contact)
- xi. Hope Squad Program/Department of Education (Cherylyn Rahr-Wood will contact Misty Vaughn Allen)
- xii. Emma White, OSP (Cherylyn Rahr-Wood will contact)
- xiii. New Provider Amber (last name unknown) – (Sarah Hannon will contact)

- xiv. Solace Tree
- xv. Frontier – Certified Community Health Behavioral Center – (Jaymee Oxborrow will brainstorm with Lana Robards)
- xvi. “Tell My Story” film – breakout session (Natalie Filipic recommended)

g. Travel – Members discussed donating travel expenses to save funds for activities.

h. Social Media:

- i. Use of private chat rooms
- ii. Identify best ways to use social media to engage youth and families
- iii. Social media resources
- iv. Surgeon General’s Advisory on social media and youth mental health
- v. Sarah Hannonen may have a speaker for social media; Jake from Zephyr Wellness (parent talks, parent night series)

MOTION: Cherylyn Rahr-Wood made a motion to reach out to speakers and potential keynote speakers to get quotes and availability.

SECOND: Marcel Brown

VOTE: Unanimous, with no opposition or abstention.

5. For Possible Action. Make recommendations for agenda items for the next meeting
– RCMHC Members

- Add Social Media topic to planning discussion.

6. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

7. Adjournment. – Sarah Hannonen, Chair

The meeting adjourned at 2:02 pm.

CHAT TRANSCRIPT:

12:51 PM Meeting Started

12:58 PM Kristen Rivas DCFS, PEU by Kristen Rivas

12:59 PM Mignon Hoover

Hello and Welcome to the September RCMHC Retreat workgroup meeting. Please enter your name, title and organization in the Chat for the record. This meeting is being recorded.

Thank you

1:00 PM Mignon Hoover

Mignon Hoover, DCFS - PEU

1:46 Sarah Hannonen

Sarah - reach out to Amber for availability

1:47 PM External

Cheryln-will ask Misty to talk to Hope Squad to see if they are available

1:48 PM Sarah Hannonen

Sarah- will follow up with Lana on dates set so she can follow up with cost of venue and donation of food

1:48 PM Unknown User

Motion to reach out to speakers and potential keynote speakers to get quotes and availability.

2:00 PM Marcel Brown

I have to drop for another meeting. Have a good rest of the week everyone!

Meeting ended: 1h 12m 42s